



February 22 ~ Fast and Abstinence

Ash Wednesday and Good Friday are mandatory days of fast and abstinence for Catholics.

- Fasts? Those 18 - 59 years old. One regular and two small meals.
- Abstains? Those 14 years old until death.
Abstinence means from your principal food. For 99.9% of people, this ordinarily means MEAT.
- Exceptions? Those truly ill are excused from fasting, but not from abstinence.
- Parents: Even though your children may be under the age limit, it doesn't hurt them to do some type of fasting and even abstinence.

Parish Pastoral Council: Pat McCourt 535-9990
 Finance and Property: Cathy Lortie 543-2059
 St. Mary's Choir: Director Pat McCourt 535-9990
 St. Mary's Organist: Jim Boissonneault 543-3435
 St. Cecilia's Choir: Margaret Zambon 652-4741
 Parish Screening: Reina de Jong 652-4588
 Parish Screening: Jackie McMillan 543-4495
 Prayer Network: Office 543-2544

Mission Committee: 543-2544
 RCIA: Bridget Van Der Zweep 652-4057
 CWL President: Nancy Richer 652-1789
 K of C Contact: Fernando Paulino 652-1460
 St. Anne's Cemetery: Trudi McGinn 652-2443
 St. Mary's Cemetery: David Lapier 577-3975
 Catholic School: Erin Merkley 543-2907
 Altar Servers: Office 543-2544

Liturgy and Sacraments:

Baptism & Instruction in the Catholic Faith: The Sacrament of Baptism is celebrated on Sundays as needed. An appointment to see Father Thomas is needed.

Rite of Christian Initiation of Adults (RCIA) Those wishing to join the Catholic Church please call the office (613-543-2544). Classes starting soon!

Marriage: 9-12 months notice is needed for the celebration of the Sacrament of Matrimony. Each couple is required to participate in a Marriage Preparation course.

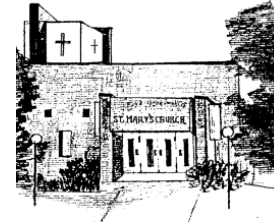
Reconciliation: Confessions heard from 4:00-4:45 pm on Sat or by appointment.

Anointing of the Sick: The Sacrament of Anointing is given on request, especially before going to the hospital, or at the hospital or at home.

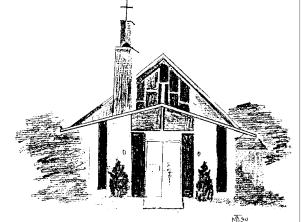
Sick List: Please call the office if anyone needs prayers, a visit or is seriously ill.

If you are unable to attend Mass for an extended period of time, please contact St. Mary's. Arrangements can be made for reception of the Holy Eucharist in the home.

ST. MARY'S - ST. CECILIA'S PARISH



31, Meikle Street, P.O. Box 612
 Morrisburg, On, K0C 1X0
 T 613-543-2544 F 613-543-2800



Office Hours: Mon, Wed, Fri, 9-1
 Email: saintmary@bellnet.ca

Web page: stmary-stcecilia-parish.ca

Civic Address: St. Mary, 31 Meikle Street, Morrisburg

Civic Address: St. Cecilia, 3 College Street, Iroquois

Fr Thomas Thazhappally, OSH, Pastor (frthomassaintmary@gmail.com)

Deacon André Bourget, Mrs. Nancy Richer, Parish Secretary

7th Sunday in Ordinary Time ~ 19 February 2023

- Sat. 18 Feb 5:00 pm (Morrisburg) Russ Hennessey (Pat Bisson)
- Sun. 19 Feb 9:00 am (Iroquois) Missa Pro Populo (Mass for the People)
- Sun. 19 Feb 11:00 am (Morrisburg) Carol Richer (Richer Family)
- Mon. 20 Feb 7:00 pm (Morrisburg) Intention of the CWL (CWL)
- Tue. 21 Feb 9:00 am (Iroquois) Fr. Ed Keyes (Parish)

Ash Wednesday

- Wed. 22 Feb **9:30 am** (Morrisburg) Tiny Boucher (CWL)
- 22Feb 7:00 pm (Iroquois) Fr. Ed Barrett (Parish)
- Thu. 23 Feb 7:00 pm (Iroquois) Int of Bill & Margaret Lee (Parish)
- Fri. 24 Feb 3:00 pm (Morrisburg) Conversion to Pro Life (CWL)
- 3:30 - 5:00 pm *Exposition, Adoration of Blessed Sacrament & Stations of the Cross*
- Friday Masses Alternates between Morrisburg and Iroquois

- Sat. 25 Feb 5:00 pm (Morrisburg) Esther & Harry Locke (G & S Locke)
- Sun. 26 Feb 9:00 am (Iroquois) Missa Pro Populo (Mass for the People)
- Sun. 26 Feb 11:00 am (Morrisburg) Anne Marie Schraner (Family)

Saturday February 18, 10:00 am Knights training in rectory meeting room.

7th Sunday in Ordinary Time

Collection: 6th Sunday in Ordinary Time: \$2,478.00 (2022: \$2,095.00)
Catholic Missions in Canada: \$135.00; Repairs & Maint: \$393.00

Parish Activities:

Choirs: **St. Mary's:** Pat (535-9990) **St. Cecilia's:** Margaret (652-4741)

AA Meeting: Wed., 8:00 pm, George (543-3504)



Pray for those who are sick in our families and parish especially: William Lee, Jared Maynard, Nolda Byvelds, Richard de Vette, John & Case Ammerlaan, Tim Lewis, Rick Roberts, Deacon Andre Bourget, Louise Altimas, Lise Coulter, Hermina Wester, Margaret Plume, Walter Bailey, Monique Graham, and Tony and John Overvelde.

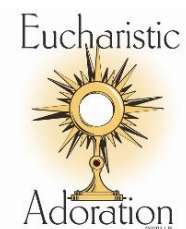
Pray for the repose of the soul of Millie McCourt, Frank Agnew, Marie-Louise Goellnitch, Pieta Prokott, Father Ed Barrett, Father Ed Keyes, Joan Brunt, Hanne Husum, Tiny Boucher, Anne Marie Schraner, Johanna & Martin Byvelds, Toni & John Byvelds, Bill Fridgen, Gary Parker, and Len Bisson.

The Sunday Homilies are kept in the back/entrance of the church. After Mass if you do not wish to take it with you, please replace it to the back of the church **without folding** so that it can be used for the next Mass or reused. Thank you.

Free Will Offering for Missals/Word Among Us/Faith Calendars if you are able, please consider helping with the cost of these items, the box is located at the back of the church. Thank you for your continued support of our Parish.

Lenten Retreat – Renewing my relationship with Jesus: Saturday April 1st, 9:30 am – 3 pm, 390 Palace Road, Kingston On. This is a free event but registration is required (light lunch and beverages are provided.) Please register by Wed March 29. To register, contact Gorett at ore@romancatholic.kingston.on.ca or call 613-548-4461 ext 112. The facilitator for this program of prayer is Deacon Bill Gervais, D Min. He has advanced degrees in pastoral ministry and spirituality. His ministries include pastoral care, spiritual direction, as well as facilitating days of reflection, retreats and writing a monthly religion column for the Kingston Whig-Standard.

19 February 2023



Eucharistic Adoration Extended!

All Friday Masses will be at 3 pm followed by Exposition and Adoration until 5 pm, alternating between St. Mary's and St. Cecilia's. Please feel free to come and spend some time with Jesus.

"The Church and world have a great need for Eucharistic Adoration (Saint John Paul II). Where is our God? Jesus is in heaven for the elect and in the tabernacle for us pilgrims (St. Peter Julian Eymard). The best act that we can perform at present is to spend at least one hour each week before the exposed Blessed Sacrament (St. Mother Teresa of Calcutta)." "So, could you not stay awake with me one hour" (Jesus' sad complaint to Peter, James and John, Matthew 26:40)

Stations of the Cross: will be prayed 20 minutes before weekend Masses.

First Communion Enrollment: Eleven students have enrolled for First Communion at St. Mary's on February 12. First Confession is scheduled for Wednesday March 8 and First Communion will be on Sunday May 7, 2023. Bridget Van Der Zweep, Angela Roy, Karin MacPherson and Amy Dickson are the teachers who are very much committed to the training of the students. Please keep these children, their loving parents and dear teachers in your prayers.



Tax Receipts are ready for pick up in the back of the Church.

Easter Flowers Envelopes are available at the back of the Church for your donation to purchase flowers to decorate the sanctuary for Easter. Included with the envelope will be a card for you to write your intentions. These intentions will be displayed near the altar and prayed for during the Easter Season.



Save the date! Bake sale will be coming March 19th after the 9 am Mass.